

## **Course Expectations – Communications in ADR**

In order to receive a certificate of completion in the Communications in ADR Course, you will need to demonstrate that you have integrated the skills taught in class. In addition, if you are looking to move onto Mediation, you need to obtain a Level 1 in your Skills Evaluation Role-play exam at the end of the course. This is unlike other professional development courses where you simply have to attend the class to get a certificate, and it is important that you are prepared for the workload.

Although the course is not academically challenging, it is a transformative course and you will need to commit to the learning. So how can you better prepare for this?

Aside from role-play practice in class, ADRIA strongly encourages you to make use of all the resources provided and:

- Complete all readings and homework as assigned
- Read and review all supplementary resources
- Spend the time to prepare for your skilled and unskilled roles
- Fully utilize the Preparing for a Difficult Conversation worksheet for every role-play
- Record your skilled role-play practices and review the recordings
- Watch the learner videos on our website
- Make connections with your classmates to practice outside class time

While it can be challenging to find time to prepare for the role-plays and to practice your skills, the time spent preparing and integrating skills outside of the classroom will assist in fully integrating the learning.

For in person classes, hard copy materials will be handed out in class and you will be provided with access to an online resource page for additional resources. Please explore these items. Expect to have homework every night and between parts 1 and 2 of the course.

For our online courses, resources are all found on the online student page. Be sure to check out the course resources and materials section to download extra items that can support your learning. Expect to have homework each week.

ADRIA strives to support our learners by providing additional support where we can. We hope you will take advantage of the resources provided and reach out to your instructor if you require any additional support.

Being a great Mediator requires work and ongoing practice and development, so committing to fully immerse yourself even in the introductory courses is incredibly important to your success moving forward in the profession.

Best of Luck as you move forward on this learning journey!